

Destiny

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Skills

Digital Literacy
Patient Advocacy

Data Visualization
Conflict Resolution

Crisis Intervention
Active Listening

Case Management
Time Management

Profile Summary

Compassionate and empathetic counseling intern with a strong foundation in ethics, psychological theory, and counseling techniques. Proficient in managing administrative tasks such as scheduling, maintaining organized records, and providing direct support to children with autism through therapeutic interventions. Skilled in collaborating with multidisciplinary teams to create personalized treatment plans, ensuring a supportive and structured treatment environment. Passionate about helping individuals navigate life's challenges and develop healthy coping mechanisms. Eager to further refine clinical skills and contribute to clients' well-being in a dynamic and supportive counseling environment.

Education

Grand Canyon University
Master's in Clinical Mental Health Counseling with Trauma Counseling Emphasis, 4.0.
Alpha Chi National College Honor Society
Psi Chi International Honor Society in Psychology

Phoenix, AZ
June, 2026

California State University, Stanislaus
Bachelor of Arts, Psychology

Turlock, CA
2021

Waterford High School

Waterford, CA
2016

Experience

Counseling Counseling Intern

Modesto, CA
July 2025-Present

- Conduct assessments and collect clinical data.
- Adhere to HIPAA laws.
- Conduct clinical sessions with clients.
- Documentation of clinical sessions and interactions with clients.
- Correspond with the multidisciplinary team regarding school-based Cls.

Office Manager

Modesto, CA
2021– Present

- Oversee daily office operations using advanced project management software and tools.
- Develop and enforce office policies to enhance productivity and workplace culture.
- Manage office supplies, inventory, and equipment, ensuring availability and proper functioning.
- Train and successfully onboard new hires.
- Assist HR and finance functions by keeping personnel records up to date, arrange interviews, and update financial documents.
- Excellent verbal and written communication skills for fostering collaboration, resolving conflicts, and building team morale.